

**Address:**  
2 Medical Center Dr. #206  
Springfield, MA 01069

40 Wright St.  
Palmer, MA 01069

**Aparajit Naram, MD**  
*Plastic and Reconstructive Surgery*  
*Hand and Wrist Surgery*



**Springfield:** (413) 794-5363  
**Palmer:** (413) 370-5796  
anaramMD.com

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## Hand Therapists

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### General

- A certified hand therapist is a valuable member of the hand and wrist surgery team.
- The therapist can offer multiple non-surgical treatments for disorders of the hand.
- For some injuries or conditions, care provided by the certified hand therapist is critical to obtain the best possible outcome.

### Certified Hand Therapists

It is important that you find a certified hand therapist that you can easily access, and that you have a good relationship with. We provide this list of therapists in our area. If you find a therapist that is not on our list, please let us know and we can update our list.

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### **ATI Hand Therapy**

East Longmeadow	158 Denslow Road	Ph: (413) 526-9924	F: (413) 526-9960
Springfield	300 Birnie Avenue, Suite 304	Ph: (413) 781-1054	F: (413) 439-0026
Westfield	65 Springfield Rd. 2nd Floor	Ph: (413) 568-1388	F: (413) 568-1389
Wilbraham	70 Post Office Park, Suite 7007	Ph: (413) 279-1435	F: (413) 279-1438

### **Select Physical Therapy**

Springfield	3550 Main Street, Suite 102	Ph: (413) 788-6195	F: (413) 733-7602
Enfield	113 Enfield Street	Ph: (860) 253-5196	F: (860) 253-5197

### **Cooley Dickinson**

Hadley	380 Russell Street	Ph: (413) 586-9333	F: (413) 584-6405
Northampton	8 Atwood Drive	Ph: (413) 582-2113	F: (413) 582-2960
Southampton	13 College Highway	Ph: (413) 527-7970	F: (413) 529-2080
South Deerfield	21B Elm Street	Ph: (413) 665-7427	F: (413) 665-0587

### **Baystate Noble Hospital**

Westfield	7 Main Street (Route 20)	Ph: (413) 562-3522	F: (413) 562-3453
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### **Baystate Rehab**

Springfield	3300 Main Street	Ph: (413) 794-7025	F: (413) 787-5406
Ware	85 South Street	Ph: (413) 967-2180	F: (413) 967-2342

### **Berkshire Hand Therapy**

Pittsfield	24 Park Street	Ph: (413) 499-4991	F: (413) 499-4922
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### **Core Physical Therapy at Holyoke Medical Center**

Holyoke	575 Beech Street	Ph: (413) 534-2555	F: (413) 534-2658
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### **Summit Hand Therapy**

South Hadley	488 Newton Street, Suite 13 (Route 116)	Ph: (413) 532-3265	F: (413) 532-3266
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The information in this document is intended for use by patients under the care and advisement of *Aparajit Naram, MD* or his associates. This document is not intended to be used as stand-alone medical information and should only be used under the supervision of a licensed practicing physician. Last updated 10/2020.