Baystate Health

Occupational & Physical Therapy Order

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Patient Sticker

Per Protocols
- ☐ Distal Radius ORIF
- ☐ Flexor zone 1 2 3 4 5
- ☐ Extensor Zone 1 2 3 4 5
- ☐ LRTI
- ☐ Dupuytren's

Date to be seen by_____

s/p_____ DOS:_____
Diagnosis:_____ DOI:_____

☐ **Evaluate & Treat**
☐ Freq._____ sessions per week
☐ Duration _____weeks

Range of Motion
☐ AROM
☐ AAROM
☐ PROM
☐ Blocking ☐ PIP ☐ DIP
☐ Tendon Gliding
☐ Other _____

Strengthening
☐ Isometric
☐ Progressive resistive
☐ BTE
☐ Other_____

☐ **Sensory** ☐ **ADL**

Pre-fab Splinting
☐ Thumb Spica ☐ CMC
☐ Tennis Elbow ☐ Heelbo
☐ Wrist Widget

Home Exercise Program
☐ ROM
☐ Strengthening
☐ Edema Control
☐ Wound Care

Custom Splinting

Finger
☐ Single digit: 1 2 3 4 5
☐ Immobilize: ☐ PIP ☐ DIP
☐ Tip Protector
☐ Mallet Finger: Casting
☐ Other:_____

Hand Based
☐ Include digits: 1 2 3 4 5
☐ Gutter: ☐ Radial ☐ Ulnar
☐ Thumb Spica ☐ IP Inc ☐ IP Free
☐ Intrinsic Plus
☐ Other:_____

Forearm Based
☐ Include digits: 1 2 3 4 5
☐ Functional position:
☐ Gutter: Radial Ulnar
☐ Thumb Spica ☐ IP Inc ☐ IP Free
☐ Intrinsic Plus
☐ Other:_____

Long Arm
☐ Elbow: 70 degrees/___degrees
☐ Munster
☐ Forearm Neutral __Pro___Sup
☐ Wrist Neutral___Pro____Sup
☐ Other_____

Modalities
☐ Ad-lib

☐ Paraffin
☐ Massage
☐ TENS/ESTIM
☐ Ultrasound

Scar Management
☐ Elastomer mold
☐ Silicone gel sheet

Edema Control
☐ Digisleeve
☐ Edema Glove
☐ JOBST fitting

☐ **Complete Decongestive Therapy**

Wound Care
☐ Whirlpool
☐ Pin site care
☐ Cleanse with_____
☐ Dress with _____

☐ **Other**_____

d/c sutures POD # _____

Precautions:	Prescriber's Signature

HAND & WRIST SURGERY
2 Medical Center Drive, Suite 206 | Springfield, MA 01107 | BaystateHealth.org
413-794-5363 | 413-794-4520

Berkshire Hand Therapy			
Pittsfield*	24 Park Street	Ph: (413) 629-1919	F: (413) 629-1918
North Adams	71 Hospital Ave	Ph: (413) 499-4991	F: (413) 499-4922

Valley Medical Group			
Amherst*	31 Hall Drive	Ph: (413) 256-4415	F: (866) 644-0869
Greenfield	329 Conway Street	Ph: (413) 772-3358	F: (866) 644-0871

Cooley Dickenson Rehabilitation Services			
Northampton*	8 Atwood Drive	Ph: (413) 582-2113	F: (413) 582-2960
Hadley*	380 Russell Street	Ph: (413) 586-9333	F: (413) 584-6405
Southampton*	13 College Highway	Ph: (413) 527-7970	F: (413) 529-2080
South Deerfield*	21 B Elm Street	Ph: (413) 665-7427	F: (413) 665-0587
West Hatfield*	4 West Street	Ph: (413) 570-1177	F: (413) 570-1180

Core Physical Therapy at Holyoke Medical Center			
Holyoke*	575 Beech Street	Ph: (413) 534-2555	F: (413) 534-2658

ATI Physical Therapy			
East Longmeadow	168 Denslow Road	Ph: (413) 526-9924	F: (413) 526-9960
Ludlow	483 Holyoke Street	Ph: (413) 333-5800	F: (413) 610-1630
Springfield*	300 Birnie Avenue, Suite 304	Ph: (413) 781-1054	F: (413) 439-0026
Westfield*	65 Springfield Road, 2nd Floor	Ph: (413) 568-1388	F: (413) 568-1389
Wilbraham*	70 Post Office Park, Suite 7007	Ph: (413) 279-1435	F: (413) 279-1438

Baystate Rehabilitation Care			
Springfield^	360 Birnie Ave Floor 1	Ph: (413) 794-1600	F: (413) 787-5405
Palmer*	42 Wright Street	Ph: (413) 370-5254	F: (413) 370-5570
Westfield ^	76 Main Street (Route 20)	Ph: (413) 562-3522	F: (413) 831-7968

Shriners Children's New England			
Springfield	516 Carew Street	Ph: (413) 787-2000	F: (413) 735-1364

Select Physical Therapy			
Enfield, CT*	113 Elm Street	Ph: (860)253-5196	F: (860) 253-5197

Russo Therapeutics LLC			
South Windsor, CT*	261 Oakland Road	Ph: (860) 969-0207	F: (833) 491-0465

* Certified Hand Therapist (CHT)
^ Certified Lymphedema Specialist

To find a CHT by zip code go to htcc.org